



The Light House Learning Campus Distance Learning Plan: Learning Team Commitment

At The Light House, our certified special educators are providing instruction and services using a variety of different strategies and online platforms. Our Distance Learning program includes live virtual sessions, instructional videos, access to online educational programs, parent consultation, and additional resources accessible through Google Classroom. We collaborate with families to provide support and guidance during Distance Learning. In addition, our education team communicates and collaborates regularly with service providers in order to address each student's Individualized Education Program (IEP) goals and objectives during this challenging time.

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The Light House Learning Team will continue to:

1. Ensure students have access to technology that supports Distance Learning and provide devices, such as iPads, pre-loaded with Zoom, as needed.
2. Provide special education instruction and related services, as dictated by each student's IEP, to the best of each student's ability.
3. Create and deliver materials to meet the needs of each student.
4. Provide Daily Morning Meetings, where students all come together, as an essential start to their day.
5. Provide daily live virtual learning opportunities for students.
6. Provide access and support to online learning programs and tools based on a student's ability.
7. Monitor student goals and objectives and adjust virtual learning approaches, as needed.
8. Document frequency and duration of student attendance.
9. Provide regular check-ins with students/parents/guardians by our school counselor who is also available for crisis calls and to conduct one-on-one counseling sessions, as needed.
10. Communicate and collaborate with families on a daily basis through a variety of platforms including email, telephone, and live virtual sessions.
11. Provide modeling for parents/guardians to reinforce academic, social-emotional, communication and daily living skills.
12. Communicate and collaborate with related service providers and Local Education Agencies (LEAs) in order to best address individual student needs.

The Light House Learning Team will continue to reference national, state, and district guidelines to best develop procedures and delivery of services for our students. As The Light House Motto states; we will continue to "educate and prepare (students) for life", even for life during a pandemic. We will do whatever it takes to support students and families in our quest to make a difference.

Created 05/01/2020



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The Light House Learning Campus Distance Learning Plan: A Guide for Students and Families

The purpose of this Distance Learning Plan is to support and provide educational opportunities to students in the instance of a school closure such as the Covid-19 Pandemic. The following information suggests activities for your student to complete during such closures. In addition to the activities below, your student's teacher has developed a site-specific Google Classroom. Please familiarize yourself with your Google Classroom and monitor for updates, materials and helpful information regarding educational and interesting websites. Your Teacher will contact you with login information.

We encourage you to help your student:

- 1) Participate in daily Virtual Morning Meetings via Zoom. Time and log-in information is site-specific.
- 2) Participate in Related Services Sessions (Speech, Occupational Therapy, Physical Therapy) and Counseling, if applicable, via Zoom. Time and log-in information is student-specific. *Your service provider will give you this information.*
- 3) Participate in teacher-led group and/or one-to-one sessions via Zoom. Time and log-in information is site-specific, and student-specific.

We have provided Activity Menus for students to choose daily activities from. Your teacher will provide you with login information for sites, if needed. Categories are:

- Language Arts/Reading Activity Menu
- STEM Activity Menu
- Social–Emotional Well Being Activity Menu
- Vocational Tasks Activities Menu
- Allied Arts Activity Menu



Language Arts - Distance Learning Activity Menu

Language Arts/Reading Websites and Activities: required*

*Teacher will provide login information, if

<p>Reading Eggs Complete a lesson (or two!) on Readingeggs.com</p>	<p>Play Rhyming Games Do ___ and ___ rhyme? Give me a word that rhymes with ____.</p>	<p>Book Talk - 1 Read a book together. Talk about the following: Where does the story take place? Who are the characters? Draw the setting and characters.</p>	<p>Interest Writing Think about something you are really interested in and know a lot about. Write about it to teach someone else all that you know. Draw a picture to match your writing!</p>
<p>Scholastic Read an article on Classroom magazines. scholastic.com Tell someone about what you read</p>	<p>Play "Count the Sounds" "I am going to say a word, see how many sounds you hear." Example: Cat (3 sounds c/a/t), flat (4 sounds f/l/a/t)</p>	<p>Word Families Write the words top, can, sit. Write at least 2 words that rhyme with each word. <i>Challenge: same activity with the word make</i> -click the clue link</p>	<p>Silly Sentence Writing Write a silly sentence using at least 2 describing words. Draw a picture to match the sentence. <i>Challenge: Make the sentence into a story!</i></p>
<p>Get Epic Read a book on Getepic.com Tell someone your favorite part of the story, and why.</p>	<p>Read High Frequency Words Kindergarten High Frequency Words -click the blue link</p>	<p>Book Talk - 2 Talk about the following: What did the character want? What problem(s) did the character encounter? How did the character feel? How did the character change?</p>	<p>Book of Knowledge Using an article from readwors.com write down three things that you learned from the article. Share what you learned with someone.</p>
<p>Read Works Read an article and answer questions on Readworks.com Tell someone what you learned.</p>	<p>Syllables - Clap the syllables in your name. - Clap the syllables in the name of your family members. - Clap the syllables of the names of objects you see.</p>	<p>Make a Word On the left write the consonants b, s, r, m, d, l. On the right write consonants p, g, n, t, d, ck. In the middle write the vowels, a, e, i, o, u. Choose a letter from the left (beginning sound) middle (middle sound) and right (ending sound). Divide words you make into two categories "Real Words" and "Nonsense Words"</p>	<p>Sensory Writing Practice writing words in a variety of ways: -shaving cream; pencil/paper; marker/paper; dry erase on a window/glass door -Use your whole arm to draw letters/words in the air (sky writing) Words to practice: your name, names of family members, sight words, words using word families (-at,-it, -ot,ad, -ag, -am, -ed, -an, -in)</p>
<p>Letter Treasure Hunt Go on a treasure hunt in your home and 3 find items that begin with each letter S, M, A, R, T.</p>	<p>Letter Formation Practice letters for uppercase and lowercase letters with correct letter formation. Then go back and fix mistakes.</p>	<p>How To Write a how-to book based on something you did during the day. Draw and label a picture to match your writing!</p>	<p>Letter Writing Write a letter to a friend, teacher, family member. Tell them about what you have been doing! Mail the letter!</p>
<p>Edmentum Print and complete worksheet from <i>Edmentum Worksheet Bundle</i>, Grade K, 1 or 2. *Parents, answer keys are provided after each worksheet. Language Arts is second half. -Found in Google Classroom</p>	<p>Practice Vowel Sounds -Sing "Apples and Bananas" - Say a word (ie. cake, pot, nice, met, mute) - put a thumb up if the vowel sound is long. - put a thumb down if vowel sound is short.</p>	<p>Play "Word Hunt" As you are reading a book hunt for the following words: -CVC words (e.g. pan, mop, etc.) - Challenge: CVCe words (e.g. lite, kite, mile).</p>	<p>Share Reading Share read with someone; you read one sentence/paragraph, they read the next. Continue to read that way until book is finished.</p>



STEM - Distance Learning Activity Menu

STEM Websites and Activities:

Teacher will provide login information, if required

<p>Edmentum Work Sheets Print and complete worksheet from <i>Edmentum Worksheet Bundle</i>, Grade K, 1 or 2. *Parents, answer keys are provided after each worksheet. Math is first half, Language Arts is second half. -Found in google Classroom</p>	<p>Zearn Complete a lesson (or two!) on Zearn.org See teacher for login information</p>	<p>Splash Learn Complete a lesson (or two!) on splashlearn.com See teacher for login information</p>	<p>Varsity Tutors Varsitytutors.com/aplasmath/flashcards Printable worksheets and interactive flashcards, money, inequalities.</p>
<p>Grab & Count Grab a handful of objects (coins, cereal, beads). Sort them in piles of ten. Challenge: Sort them into three groups, varying in amount, and make a math equation. Ex. $4 + 5 + 7 = 16$</p>	<p>How Tall Can It Go? Choose an object in your home (legos, blocks, coins, paper towel tubes, etc) and see how tall you can build with them.</p>	<p>Sound Hunt Go around your house. How many different sounds can you make with household items.</p>	<p>Look outside Record your weather observations. Draw a picture of what you see.</p>
<p>Squishy Eggs Ask an adult for help. Place a raw egg in vinegar for 24 hours. What do you think will happen? Experiment to find out. Be sure to wash your hands! -click blue link</p>	<p>Estimate How many objects (pennies, books, etc...) can you stack before the tower falls? Then count how many objects high you were able to make the tower.</p>	<p>Money Grab a handful of coins. Can you sort and name each coin? Add two coins together – how much do you have?</p>	<p>Water Droplets How many water drops fit on a coin? Find coins around your house and see how many drops fit on top.</p>
<p>Cloud Watching Lie on the ground and look up at the clouds. What shapes do you see? If you can, have someone help you research types of clouds -click the blue link</p>	<p>Writing Numbers Write numbers to 20, to 50 even to 100! Practice writing numbers in a variety of ways: -shaving cream; pencil/paper; marker/paper; dry erase on a window/glass door -Use your whole arm to draw numbers in the air (sky writing)</p>	<p>Race Course Use objects from around your house to make a race course for a marble or a toy car. How long can the marble or car go with just one push?</p>	<p>Movement Counting Count out loud as you do these exercises: -Hop on one leg 10 times, then hop on the other leg 10 times. -Clap your hands 20 times. -Do 20 jumping jacks. -What other movement or exercise can you do while you count?</p>
<p>Counting Count to 20, 50 or 100 by 1's, by 5s and by 10's. Then try counting backwards!</p>	<p>Shadows Go outside to look at your shadow. If you can, trace it on the ground. Go out later in the day. What do you notice?</p>	<p>Mystery Science - 1 How does hand sanitizer kill germs? -click the blue link</p>	<p>2-D Geo Hunt Go on a 2-D shape hunt! How many squares, circles, rectangles, diamonds, hexagons, octagons, etc... Sort them into categories.</p>
<p>Mystery Science - 2 How Do Germs Get In Your Body? -click the blue link</p>	<p>Nature Walk Go outside and listen. Describe the sounds you hear? What do you think is making the noise? How many different sounds can you hear?</p>	<p>3-D Geo Hunt Go on a 3-D shape hunt! How many spheres, cubes and cylinders can you find? Build a sculpture with the items you find.</p>	<p>Plant Comparison Go outside. Find two different plants. Record and draw all the similarities and differences.</p>



Social-Emotional Well Being – Distance Learning Activity Menu

Social / Emotional Well Being:

<p>Meditation Breathing Exercises Click the blue link Breathing Exercises</p>	<p>Calm Down Exercise Melt Click the blue link Go Noodle Melt</p>	<p>Kindness Bingo Play as a team or by yourself. How fast can you get a bingo? Kindness Bingo</p>	<p>Yoga Choose from seated, floor, kneeling or standing. Yoga Poses and Sequences</p>
<p>Feelings Check In Check in with an adult at least once per day, everyday. Google Slides Feeling Check In -Click blue link</p>	<p>I Miss My Friends A digital story about how we all feel right now. Click the blue link I Miss My Friends -click blue link</p>	<p>Coping Skills Toolbox Interactive Google Slides Click the blue link Coping Skills Toolbox <u>-click blue link</u></p>	<p>Reach Out Ask for adult help to place a phone or video call to a friend or family member.</p>
<p>Grounding Exercise Find the following: 5 things you can See 4 things you can Hear 3 things you can Touch 2 things you can Smell 1 big hug</p>	<p>Body Regulation Try these tasks if you feel wiggly: Wall pushups (10) Jumping Jacks (10) Frog Hops (5) Toe Touches (10)</p>	<p>De-Escalation Strategies Strategies to model and practice in times of emotional dysregulation Click the blue link to learn more: De-Escalation Strategies</p>	<p>Build A Routine Everyone thrives on routine. Build a routine by the day or week. Decorate and hang up. What to include: Personal Care, Cleaning Tasks, School, Calm/Quiet Time.</p>



Vocational Tasks - Distance Learning Activity Menu

Vocational Tasks:

<p>Snack</p> <p>Help prepare your own snack. Gather ingredients, make snack and clean up area.</p>	<p>Disinfect</p> <p>Wipe all door handles and light switches with a disinfectant wipe or spray and rag.</p>	<p>Dust</p> <p>Dust a room making sure to get the corners of the ceilings, walls, baseboards and tops of furniture.</p>	<p>Trash</p> <p>Empty the trash and recycling bins into the appropriate barrel. Replace garbage bag.</p>
<p>Mop</p> <p>Use a mop and bucket of soapy water to mop the kitchen or bathroom floor.</p>	<p>Sweep</p> <p>Use a broom to sweep hard floors. Use a dust pan to pick up dirt. Discard in garbage.</p>	<p>Vacuum</p> <p>Use a vacuum to vacuum a carpet room.</p>	<p>Table</p> <p>Clear the table after a meal. Wipe down the table with a cleaning cloth.</p>
<p>Laundry – 1</p> <p>Sort laundry into colors and whites. Load clothes into washer and add detergent.</p>	<p>Laundry -2</p> <p>Load washed clothes into drier. When dry, take out clothes and fold them.</p>	<p>Laundry – 3</p> <p>Put your own clean laundry away where it belongs. Ex. In closet or in drawers.</p>	<p>Bed</p> <p>Make your bed EVERYDAY!</p>
<p>Weeding</p> <p>Help an adult pull weeds in the yard.</p>	<p>Watering</p> <p>Water indoor and/or outdoor plants.</p>	<p>Counters</p> <p>Wash off counters and put away stray items.</p>	<p>Dishes</p> <p>Wash dishes in sink or load the dishwasher after dinner.</p>
<p>Set the Table</p> <p>Ask for adult help to set the table for a meal. Include plate, silverware and napkin.</p>	<p>Windows</p> <p>Use glass cleaner and a paper towel to spray and wipe 2 windows.</p>	<p>Grocery</p> <p>Help your family look through flyers to make a grocery list. Circle items in the flyer before making a list.</p>	<p>Tidy Living Room</p> <p>Fold blankets, put any pillows on couch. Bring any cups to the sink. Put your own items away.</p>



Allied Arts - Distance Learning Activity Menu

Allied Arts Websites and Activities:

<p>Move to the Beat With help from an adult, listen to music and move to the beat. Check out this website: www.classicsforkids.com -click blue link</p>	<p>Self-Portrait Look in a mirror and draw a self-portrait. Include as much detail as possible.</p>	<p>Sing a Tune Keep the beat while marching to your favorite song. What happens if you sing it faster? Or slower?</p>	<p>Make a Card Create a card for someone. Include reasons why you appreciate them.</p>
<p>Blow Painting Create a beautiful peacock with watercolor paints and a straw. What else can you create? -Click the blue link</p>	<p>Dance to the Music Listen to your favorite song. Make up a dance to go with the beat. Teach the dance to someone.</p>	<p>Sunrise/Sunset Go outside during sunrise and sunset. Draw a picture of what you see. What is similar? What is different?</p>	<p>Silly Songs Sing your favorite song as loud as you can, as quietly as you can, and with a cartoon voice. What other ways can you sing it?</p>